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**English Translation** 

La Douze, October 13th, 2008

## **TESTIMONY**

Ms. Marie-Dominique Pecorini, speech and language therapist, sophrological psychotherapist, holding a Master's in Neuro-Linguistic Programming, and Catharsis therapist, having worked in France and Switzerland, hereby gives testimony of her work with Ms. Chantal Desmoulins over the past four years. The meeting with Ms. Desmoulins was held as a result of a telephone conversation that captured Ms. Pecorini's attention. The technique that was presented seemed well-suited to deepen her therapeutic work and provided an answer to her search for an acknowledgment of the links between certain difficulties with language and behavior (in children and adults) and the structures of unconscious layers.

After a year and a half of training with Ms. Desmoulins, Ms. Pecorini and three of her colleagues, who also received the training, used the Catharsis technique in the Espace-Beaulieu office.

The results were more than encouraging and allowed the therapists to unfreeze difficult psychological situations (e.g. mutism, hyperactivity, language retardation, dyslexia, mental retardation, stuttering, and relational difficulties in adults...).

This new approach enables the patient to cut through mental blockages and more easily reach the emotional level. This facilitates the dialogue with the patient (and their family), who, "seeing" these points of blockage, is able to have some perspective on their difficulties and can thus have a greater sense of well-being. In some cases, the simple act of drawing under musical induction allows for the return of speech (selective mutism) and/or a total change of behavior.

As for the results of the effect on stuttering, more extensive research would be greatly beneficial in this area in particular. This is a project with the support, participation, and collaboration of Ms. Desmoulins. A report is being prepared.

Ms. Chantal Desmoulins, through her patience, her deep knowledge, and her respectful attitude toward the human being, made this fascinating collaboration possible.

The work that we began must be continued.

Ms. Pecorini, having moved and changed her professional status, but retaining contact with Espace Beaulieu, which she created, and all of her colleagues, desires to continue her collaboration with Ms. Desmoulins on all of these research projects.

La Douze, October 13th, 2008 Ms. Pecorini Marie-Dominique

HOMM